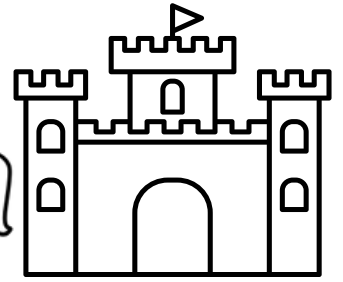


Saint Teresa of Avila



Feast: October 15

Patronage: Headache sufferers,

Spanish Catholic Writers

Born: March 28, 1515, Ávila,

Spain

At the age of seven, Teresa persuaded her older brother to embark on a journey to the land of the Moors, intending to ask them to cut off their heads out of love for God. They managed to reach the city's outskirts before being found and returned by an uncle. While some interpret this incident as an early sign of sanctity, this author views it as an early demonstration of her knack for stirring up trouble.

"Let nothing disturb you. Let nothing frighten you. All things are passing away: God never changes. Patience obtains all things. Whoever has God lacks nothing; God alone suffices."

